



# Runners and Walkers in Support of Education

All proceeds to benefit the North Stonington Education Foundation, a non-profit organization that supports public education in North Stonington, CT

A 5K Road Race, Two-Mile Fitness Walk & Children's Fun Runs

**WHEN: Saturday, May 25, 2019, rain or shine!**

**WHERE:** Start and finish at the North Stonington Grange Fairgrounds, Wyassup Road

Registration & race packet pick-up: 8:30-9:45 AM

9:45 AM: Two-Mile Fitness Walk 10:00 AM: 5K Run

10:45 AM: Fun Runs (1 mile, 1/2 mile, 100-yard dash) 11:15 AM: Awards

**ENTRY FEE:** Pre-registration due by 5/21/2019

**5K Runners and Fitness Walk**  
\$20.00  
\$25.00 after 5/21/2019

**Children's Fun Runs**  
\$12.00  
\$15.00 after 5/21/2019

**Additional Food Tickets**  
(non-participants)  
\$5.00

- T-shirt guaranteed if pre-registered by 5/10/2019 or while supplies last
- After race picnic – hamburgers, hot dogs, chips, home baked goodies, soda & bottled water
- Awards to overall top three finishers in each category: Divisions 8-12, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 & up

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\*\*\*Please fill out a form for each participant\*\*\*

**Walker's/Runner's Name:** \_\_\_\_\_ **Gender:** M F **Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**I am participating in the:**  5K Run  Fitness Walk  Children's Fun Run

**T-shirt Size:** Adult S M L XL XXL  
Child S M L

Additional Food Tickets - \$5.00 each  
\_\_\_\_\_ # of tickets

I agree to assume all responsibility for all risk of damage or injury that may occur to me as a participant in this event. As a condition of the acceptance of my entry, I hereby for myself, my heirs, executors and administrators, waive and release North Stonington Education Association the organizing committee, the town of North Stonington, the North Stonington Grange, the sponsors and their representatives and employees for any injuries suffered by me while competing or traveling to or from the event described in this entry application. I certify that I have properly trained for and, to the best of my knowledge, am physically fit for this run/walk.

\_\_\_\_\_  
Signature of participant required Date Parent or guardian's signature if applicant under 18

Mail registration form with payment (checks payable to NSEF) to: NSEF 298 Norwich-Westerly Road, North Stonington, CT 06359  
For more information, please email Marc Tardiff, Race Director: [tardiffm@northstonington.k12.ct.us](mailto:tardiffm@northstonington.k12.ct.us)

BIB # \_\_\_\_\_ PAID BY CHECK CASH